



PROJECT
NATIONAL
INTERSCHOLASTIC
CYCLING ASSOCIATION

2023 EMERGENCY ACTION PLAN (EAP)

Location / Park Name	BIG BEAR
Date of EAP	
Emergency Responder Contacts	Medical / Police Guard House - 304-379-8641 Jeff Simcoe - 301-501-1516
Communication Methods Required	Cell service is very limited and not reliable with a large crowd
Closest Hospitals equipped to manage acute trauma and time to trailheads.	WVU Hosp 35 min / 30 miles May need to UPMC in Cumberland for air evacuations
Estimated Evacuation time from least accessible location on trail or access point.	20 minutes
Time to definitive care and first aid required to NICA activities on trails.	55 minutes
Access Points for emergency Access or transport (on map also)	Along "airstrip" only
Water refill and Shelter locations (on map also)	WATER - PitZone and shower area Shelters - 1 large shelter
Other park specific info	If area is extremely wet, may limit vehicles to hard services only (no grass areas)
Heavy Rain Threshold	Decisions up to event host
Maximum time to evacuate the trail due to weather (Code yellow or orange)	15 minutes
Creek/Rivers or Dry Creek bed prone to Flooding/Flash flood	n/a
Trails that are exposed or ridge lines or mountain tops that would need to be avoided if caught in a thunderstorm	Entire venue and trails exposed or on ridge top
Shelters available onsite (appropriate for lightning)	Pavillion at event site along with building at the front of the property
Trails to be avoided by some or all ride groups either for technical reasons or safety within 1 hr of definitive care	Expert / technical trails on property but outside of Pit Zone and race course

IMPORTANT -NEW INFO AED, NARCAN AND LIFEVAC (choking)available at **MEDICAL TENT**

**AREA WITH LARGE BERM SHOULD BE TAPED OFF TO PREVENT RIDERS FROM GOING INTO RC (BY FIRE PIT AREA)